

# COMPREHENSIVE SCHOOL COUNSELING PROGRAM THE SCHOOL DISTRICT PERSPECTIVE

The purpose of the Comprehensive School Counseling Program: The School District Perspective is to provide updated guidance, information, and resources to support districts with developing their district comprehensive school counseling program. The district comprehensive school counseling program sets the foundation for the school counseling services, programs, and plans delivered across the school district to all students.

In Fall 2023, the New York State Education Department (the Department) in partnership with the New York State School Counselor Association (NYSSCA) reviewed the 115 school districts' websites to locate their Comprehensive School Counseling Program in accordance with Section 100.2(j)(2) of the Regulations of

Section 100.2(j)(2) of the
Regulations of the
Commissioner of Education
requires each school district
to have a comprehensive
developmental school
counseling/guidance
program for all students in
kindergarten through grade
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school counselor.

the Commissioner of Education. The Department and NYSSCA found 42% of the districts' websites that were reviewed had a comprehensive program, and only approximately 25% of those with a program were updat ed for the 2023 -2024 school year.

#### COMPONENTS OF A DISTRICT COMPREHENSIVE SCHOOL COUNSELING PROGRAM

- f District School Counseling Vision and Mission Statements
- f Professional Ethics and Standards & Competencies
- f Standards Driven School Counseling
- f Data Driven School Counseling
- f Advisory Council
- f Description of the Elementary, Middle, and High School Program
- f Link to Schools' Counseling Plans

## DISTRICT COMPREHENSIVE SCHOOL COUNSELING PROGRAM VISION & MISSION STATEMENTS

Many school districts have existing vision and mission statements. When developing the district's comprehensive school counseling program, districts will want to include their vision and mission mpApN^N\_pm' miNJVSJA]]y pUN m and mis mVa\_ mpApN^N\_pm 
VmpIVJ to review ASCA's presentation on Vision and Mission.



# PROFESSIONAL ETHICS AND STANDARDS & COMPETENCIES

A high -quality district comprehensive school counseling program refere15 0 Td [(q)3cw-pa(S)3.1 CenThe Ethica

are designed to ensure the well -being and protection of students, promote professional  $V_pNTIVpy'A_L^AV_pAV_JA_SLN_pVA]Vpy'wUV]NpUN-IaSNmmVa_skills, and competencies expected of school coun selors. These standards provide a framework$ 



#### DATA DRIVEN SCHOOL COUNSELING

School counselors collect and analyze various types of data including process, perception, and outcome data. School districts should leverage data as part of the development, measurement of effectiveness, and revision of their district school counseling pr ogram.

Outcome data measures the impact and effectiveness of the school counseling program on student outcomes. Outcome data helps to assess the overall effectiveness of the school counseling program in achieving its goals and objectives. Outcome data may include academic achievement on New York State and district assessments, daily attendance and chronic absenteeism rate , disciplinary referrals and suspensions, and social-emotional development through appropriate screeners and assessments.

Perception data captures the subjective experiences and opinions of various stakeholders involved in the school counseling program. Perception data can provide valuable insight into how the school counseling program is perceived, the satisfaction levels of stakeholders, a nd their perception of the impact of the program on student well-being. Perception data involves collecting feedback from students, families, teachers, school and district leaders, and other staff members through surveys, interviews, and focus groups.

Process data is information about the activities and services delivered by a school counselor, and the number of stakeholders served. Process data includes the number of classroom lessons, individual and group counseling sessions, crisis interventions, referrals made, and students, parents, and other stakeholders who participated in the service delivery provided by a school counselor.

ADVISORY COUNCIL



NmpNN^' A\_L J]Ammlaa^]Nmma\_m a\_ paiVJm mqJU Am N^iApUy A\_L school counselors work in collaboration with teachers, school leaders, and families to create a positive and inclusive school environment. The program aims to improve students' well -being and academic success.

### Sample Middle School Counseling Program Description

The middle school counseling program involves a range of activities designed to support stydents' academic, emotional, and academic growth during a critical stage of development. Activities may include individual counseling sessions to address personal con cerns and challenges, group counseling sessions to foster positive peer relationships and promote healthy decision-making, and classroom lessons focused on self-esteem and goal setting. School counselors collaborate with teachers, school leaders, and families to provide the student with comprehensive support. The program aims to help students navigate the unique

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